



## **TRANSITIONS TECHNICAL COLLEGE, INC. 2021-2023 MASSAGE THERAPY STUDENT KIT LIST**

- 3 Complete sets of linens (white)**
  - 1-Washable laundry bag**
  - 1-(1-2 bottle product holster)**
  - 10-Hand towels**
  - 1-Body pillow**
  - 2-Washable blankets**
  - 2-Complete uniforms**
- Backpack for supplies (student choice)**

A uniform is required as each student needs professional attire while on campus during Student Clinic hours. A uniform consists of navy-blue scrubs (top and pants) and white sneakers. Students are also allowed to purchase and wear a Transitions Technical College, Inc. student T-shirts. Students may purchase a massage table after the completion of 50% of the prescribed course through TTC, INC. Portable table selections, packages and prices may vary.

### **Textbooks Required**

**Theory & Practice of Therapeutic Massage Textbook (6<sup>th</sup> edition)**

**[ISBN-13:9781285187587](#) or [ISBN-13:9781285187556](#)**

**Anatomy & Physiology Reference for Massage Therapists**

**[ISBN-13:9781133704126](#)**

**Alabama Board of Massage Therapy Laws and Regulations 2018 edition**  
**FSMTB Massage & Bodywork Licensing Examination Candidate Handbook 2021 edition**  
**(provided with student welcome pack)**

### **Additional Student Required Supplies**

- 1-Composition Book/3 ring binder**
- 2-Neon Highlighters**
- 2-Black Ball Point Pens**
- 4-Rolls Paper Towels**
- 2-Bottles Hand Sanitizer**
- 1-First Aid Kit**
- 2-Packs Disinfect Wipes**